



# Children's Health Home of Upstate New York

## Family Driven Care Management Services

### COMMUNITY REFERRAL FOR HEALTH HOME CARE MANAGEMENT SERVICES

The Children's Health Home of Upstate New York (CHHUNY) is accepting referrals from the community (community organizations, individuals and/or family members) for enrollment of eligible children/youth into Health Home Care Management Services. Children/youth must meet all eligibility requirements to be considered for enrollment.

#### Health Home Care Management Services Eligibility:

1. Child/youth currently has active Medicaid;  
**AND**
2. Child/youth resides in one of the following Counties:  
Albany, Allegany, Broome, Cattaraugus, Cayuga, Chautauqua, Chemung, Chenango, Clinton, Columbia, Cortland, Delaware, Dutchess, Erie, Essex, Franklin, Fulton, Genesee, Greene, Hamilton, Herkimer, Jefferson, Lewis, Livingston, Madison, Monroe, Montgomery, Niagara, Oneida, Onondaga, Ontario, Orange, Orleans, Oswego, Otsego, Putnam, Rensselaer, Rockland, Saint Lawrence, Saratoga, Schenectady, Schoharie, Schuyler, Seneca, Steuben, Sullivan, Tioga, Tompkins, Ulster, Warren, Washington, Wayne, Wyoming, Yates  
**AND**
3. Child/youth meets the NYS DOH eligibility criteria of:
  - a. two chronic conditions, or
  - b. HIV/AIDS, or
  - c. complex trauma or,
  - d. serious emotional disturbance**AND**
4. Child/youth has significant behavioral, medical or social risk factors which can be addressed through care management.

#### How to Make a Referral to CHHUNY

1. Complete the attached Community Referral Application Form, including as much detail as possible to allow CHHUNY to verify eligibility for health home care management services.
2. You may return the completed Application directly to a CHHUNY Care Management Agency, or to CHHUNY via **secure** e-mail, fax, or mail:

Email: [Referrals@ChildrensHealthHome.org](mailto:Referrals@ChildrensHealthHome.org)

Fax: 866-243-8662

Mail: CHHUNY Community Referral Coordinators  
Health Homes of Upstate New York  
1099 Jay Street, Bldg. J, 3<sup>rd</sup> floor  
Rochester, NY 14611

Approved children/youth will be assigned to a Care Management Agency who will conduct outreach and attempt to engage the child/youth in health home care management services. Health Home services are voluntary and the youth and/or parent/guardian will be asked to consent during the outreach and engagement process.

If you have questions regarding the completion or status of this application, please contact: CHHUNY Community Referral Coordinator at 855-209-1142.

## CHHUNY Health Home Community Referral Application

### Identifying Information

Child's Name:	Date of Birth:	Gender:
Current Address:	Medicaid CIN #:	
	Medicaid Managed Care Organization Name:	
	County of Residence:	
Phone:	Cell Phone (if applicable):	
Indicate any need for language/interpretation services; specify language spoken if other than English:		

### Foster Care:

Is the child currently in Foster Care? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown	If a child is currently in Foster Care, only the Local Department of Social Services (LDSS) may complete the referral, which must be completed by them in the Medicaid Analytics & Performance Portal (MAPP)
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### Consent to Refer:

Consent to make this referral must be obtained from the parent/guardian/legally authorized representative for children up until the age of 18. For children/youth ages 18-21, or that are married, a parent, or pregnant may provide consent on their own behalf. Who has provided you with consent to make this referral to CHHUNY?	
<input type="checkbox"/> Parent <input type="checkbox"/> Guardian <input type="checkbox"/> Legally Authorize Representative	
<input type="checkbox"/> Child/Youth who is (check one):    18 years or older    A parent    Pregnant    Married	

### Consenter Information:

(Please provide the following information about the person you received consent from to make this referral)

First Name:	Last Name:
Relationship to Child/Youth:	Telephone Number:

**Parent Health Home Connectivity:**

Is the child/youth's parent or guardian currently enrolled in the Health Home Program?

No     Yes

Note: If the child/youth's parent or guardian is not currently enrolled in the Health Home program, if you or they believe that the parent/guardian is eligible and the parent/guardian is interested you can complete a referral for Adult Health Home Services. If the parent or guardian lives in western, finger lakes, or the central regions Health Homes of Upstate New York (HHUNY) may be able to serve him or her. Navigate to [www.hhuny.org](http://www.hhuny.org) to complete the adult health home referral. If outside of these regions, you can refer to other Adult Health Homes by reaching out to health homes certified to serve his or her county by navigating to [https://www.health.ny.gov/health\\_care/medicaid/program/medicaid\\_health\\_homes/contact\\_information/](https://www.health.ny.gov/health_care/medicaid/program/medicaid_health_homes/contact_information/)

**Contact Information for Person Completing Referral:**

Name:	Title:
Organization:	
Phone:	Email:
<input type="checkbox"/> Yes <input type="checkbox"/> No   As the referral source, are you able to provide proof of eligibility?	

**Preventive Services Connectivity:**

Is the child/youth currently receiving preventive services?

No         Yes (please specify provider name and NPI if known): \_\_\_\_\_

**Child/Youth Inpatient Status:**

Is the child/youth current admitted to an inpatient facility?

No     Yes

If yes, what is the name of the facility? \_\_\_\_\_ Expected discharge Date? \_\_\_\_\_

**Eligibility Category Information** (if ICD-10 code(s) are available please include them)

- Two or more Chronic Conditions** (examples include: asthma, substance use disorder, diabetes, cerebral palsy, sickle cell anemia, cystic fibrosis, epilepsy, spina bifida, congenital heart problems, etc.)
- o List Qualifying Chronic Conditions: \_\_\_\_\_

**OR**

- Serious Emotional Disturbance (SED): *single qualifying condition***

SED is defined as a child or adolescent (under the age of 21) that has a designated mental illness diagnosis in the following Diagnostic and Statistical Manual (DSM) categories (Schizophrenia Spectrum and Other Psychotic Disorders, Bipolar and Related Disorders, Depressive Disorders, Anxiety Disorders, Obsessive-Compulsive and Related Disorders, Trauma-and Stressor-Related Disorders, Dissociative Disorders, Somatic Symptom and Related Disorders, Feeding and Eating Disorders, Gender Dysphoria, Disruptive, Impulse-Control, and Conduct Disorders, Personality Disorders, Paraphilic Disorders) as defined by the most recent version of the DSM of Mental Health Disorders **AND** has experienced the following functional limitations due to emotional disturbance over the past 12 months (from the date of assessment) on a continuous or intermittent basis:

- Ability to care for self (e.g. personal hygiene; obtaining and eating food; dressing; avoiding injuries); OR
- Family life (e.g. capacity to live in a family or family like environment; relationships with parents or substitute parents, siblings and other relatives; behavior in family setting); OR
- Social relationships (e.g. establishing and maintaining friendship; interpersonal interactions with peers, neighbors and other adults; social skills; compliance with social norms; play and appropriate use of leisure time); OR
- Self-direction/self-control (e.g. ability to sustain focused attention for a long enough period of time to permit completion of age-appropriate tasks; behavioral self-control; appropriate judgement and value systems; decision-making ability; OR
- Ability to learn (e.g. school achievement and attendance; receptive and expressive language; relationships with teachers; behavior in school)

**OR**

- Complex Trauma: *single qualifying condition***

**Note – If this is the only box checked on the form you must ALSO complete the Complex Trauma Referral Cover Sheet and the Complex Trauma Exposure Screen and attach with the referral form.**

Definition of Complex Trauma:

- a. The term complex trauma incorporates at least:
  - a. Infants/children/or adolescents’ exposure multiple traumatic events, often of an invasive, interpersonal nature, and
  - b. The wide-ranging, long-term impact of this exposure
- b. The nature of the traumatic events:
  - a. Often is severe and pervasive, such as abuse or profound neglect;
  - b. Usually begins early in life;
  - c. Can be disruptive of the child’s development and the formation of a health sense of self (with self-regulatory, executive functioning, self-perceptions, etc.);
  - d. Often occur in the context of the child’s relationship with a caregiver; and
  - e. Can interfere with the child’s ability to form a secure attachment bond, which is considered a prerequisite for health social-emotional functioning.
- c. Many aspects of a child’s healthy physical and mental development rely on this secure attachment, a primary source of safety and stability
- d. Wide-ranging, long-term adverse effects can include impairments in:
  - a. Physiological responses and related neurodevelopment,
  - b. Emotional responses,
  - c. Cognitive processes including the ability to think, learn, and concentrate,
  - d. Impulse control and other self-regulating behavior,
  - e. Self-image, and
  - f. Relationships with others.

**OR**

- HIV/AIDS: *single qualifying condition***

**Risk Factors - Check All that Apply and Provide Explanation of How Child/Youth Exhibits Risk Factors**

<ul style="list-style-type: none"><li><input type="checkbox"/> <b>At risk for adverse event</b> (<i>e.g. death, disability, inpatient or nursing home admission, mandated preventive services, or out of home placement</i>);</li><li><input type="checkbox"/> <b>Has inadequate social/family/housing support, or serious disruptions in family relationships;</b></li><li><input type="checkbox"/> <b>Has inadequate connectivity with healthcare system;</b></li><li><input type="checkbox"/> <b>Does not adhere to treatments or has difficulty managing medications;</b></li><li><input type="checkbox"/> <b>Has recently been released from incarceration, placement, detention, or psychiatric hospitalization;</b></li><li><input type="checkbox"/> <b>Has deficits in activities of daily living, learning or cognition issues; OR</b></li><li><input type="checkbox"/> <b>Is concurrently eligible or enrolled, along with either their child or caregiver, in a Health Home</b></li></ul>	
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**Narrative**

Provide any additional information that may be helpful in assignment to a care management agency:

**Specify Preferred or Recommended Care Management Agency, if any:** \_\_\_\_\_